

10 ways to be more sustainable at home and in our community

1. Use water sparingly:

- When brushing your teeth
- Doing the dishes
- Taking a shower











- entertainment (TV, home theater equipment, stereos)
- device chargers
- space heaters
- 3. LIVE WITH A SLIGHTLY WARMER HOME IN SUMMER, A SLIGHTLY COOLER HOME IN WINTER ADJUST THAT THERMOSTAT
- 4. HAVE REUSABLE BAGS WITH YOU WHEN YOU GO SHOPPING, AND BRING REUSABLE CONTAINERS WHEN DINING OUT, TO CUT DOWN ON STYROFOAM AND EXCESS PLASTIC IN TAKEAWAY CONTAINERS
- 5. DECREASE YOUR LAWN BY ADDING MORE FLOWERS/PLANTS-ESPECIALLY NATIVE ONE







- 6. REDUCE UNNECESSARY NIGHT LIGHTING
- 7. CHOOSE LOCALLY GROWN FOOD, AND REDUCE MEAT CONSUMPTION
- 8. REDUCE DISPOSABLE CONTAINERS
 BY USING A REFILLABLE MUG AT EVERY
 OPPORTUNITY







- 9. OPT FOR REPAIRING RATHER THAN REPLACING OR REPURPOSE AN OLD ITEM. BORROW OR SHARE THINGS YOU DON'T NEED DAY-TO-DAY WITH FRIENDS, FRIENDS, AND NEIGHBORS. GIVE AWAY WHAT YOU NO LONGER NEED, AND RECYCLE WHAT CAN'T BE USED ANYMORE.
- 10. DONATE/SUBSCRIBE TO ORGANIZATIONS SUCH AS GREEN AMERICA, FOOD AND WATER WATCH, THE UN SUSTAINABLE DEVELOPMENT GOALS